

MINNESOTA INTERCOLLEGIATE ATHLETIC CONFERENCE
2024 Women's Indoor Track & Field Championships
Thursday-Saturday, Feb. 22-24 • Northfield, Minnesota

ALL-CONFERENCE INDIVIDUALS

60-Meter Dash

1. Diarra Chatham, MAC.....7.73
2. Kate Carlson, GAC7.74
3. Kate Gallagher, CSB.....7.84

200-Meter Dash

1. Megan Geraets, GAC25.16
2. Kate Carlson, GAC25.34
3. Kelsie Sealock, BU26.07

400-Meter Dash

1. Megan Geraets, GAC57.49
2. Allison Hookom, AUG58.13
3. Hailey Gregg, BU.....58.85

600-Meter Run

1. Allison Hookom, AUG1:35.71
2. Annessa Ihde, BU.....1:36.65
3. Isabel Wyatt, STO.....1:37.23

800-Meter Run

1. Annessa Ihde, BU.....2:17.61
2. Kalli Smith, CSB2:18.32
3. Alice Cutter, CAR.....2:19.20

1000-Meter Run

1. Mary Blanchard, CAR3:00.63
2. Taylor Radaich, CSB3:04.96
3. Grace Moeller, STO3:04.97

Mile Run

1. Fiona Smith, CSB5:03.93
2. Mary Blanchard, CAR5:06.19
3. Aliya Larsen, CAR5:09.04

3000-Meter Run

1. Fiona Smith, CSB9:46.83
2. Sophie McManus, CAR.....9:59.17
3. Helen Cross, CAR9:59.21

5000-Meter Run

1. Fiona Smith, CSB16:40.72
2. Helen Cross, CAR17:18.52
3. Hannah Preisser, CAR.....17:21.07

60-Meter Hurdles

1. Kelsie Sealock, BU8.52
2. Jenna Kalevik, CC9.21
3. AnnaGrace Nelson, BU.....9.30

High Jump

1. AnnaGrace Nelson, BUJ1.63m
2. Ally Rakow, GAC.....J1.63m
3. Mara Larson, STO.....1.57m

Pole Vault

1. Jaylyn Ahlberg, CSB.....3.76m
2. Emily Pearson, BU3.55m
3. Raina Kaping, BU.....3.35m

Long Jump

1. Megan Geraets, GAC5.62m
2. Ashlyn Jore, STO5.40m
3. Sabriya Farquharson, CSB.....5.33m

Triple Jump

1. Madi Kes, GAC11.72m
2. Ellie Hernes, BU.....11.63m
3. AnnaGrace Nelson, BU11.35m

Shot Put

1. Molly Meyers, HU14.02m
2. Nora Wilhelm, BU.....12.88m
3. Morgan Wallendal, SMU.....12.34m

Weight Throw

1. Lily Beneke, CSS17.60m
2. Madison Reed, HU16.42m
3. Lexi Brainer, HU.....15.60m

Pentathlon

1. Peyton Selle, CC.....3291
2. AnnaGrace Nelson, BU3220
3. Sarah Beth Hobby, MAC3192

MIAC Women's Track Athlete of the Year
Fiona Smith, CSB

MIAC Women's Field Athlete of the Year
AnnaGrace Nelson, BU

MIAC Women's Rookie of the Year
Diarra Chatham, MAC

MIAC Women's Coach of the Year
Andrew Rock, BU

MINNESOTA INTERCOLLEGIATE ATHLETIC CONFERENCE
2024 Women's Indoor Track & Field Championships
Thursday-Saturday, Feb. 22-24 • Northfield, Minnesota

ALL-CONFERENCE RELAYS

4x200-Meter Relay

1. Gustavus1:43.62
Kate Carlson
Ally Rakow
Danielle Miller
Megan Geraets
2. Bethel1:45.23
Jireh Babalola
Abbie Swenson
Hailey Gregg
Hannah Kvant
3. Concordia1:46.69
Emily Rengo
Andie Sandman
Piper Osborne
Kyla Nygaard

4x400-Meter Relay

1. Bethel3:55.92
Abbie Swenson
Shalom Sulungaine
Annessa Ihde
Hailey Gregg
2. Concordia4:03.67
Kyla Nygaard
Meg Shercliffe
Drew Frolek
Emily Rengo
3. Saint Benedict4:04.42
Sidela Nyuga
Mirijana Ganley
Emerson Knapp
Lauren Berg

Distance Medley Relay

1. Saint Benedict 12:22.85
Taylor Radaich
Emerson Knapp
Lucy Lyngen
Fiona Smith
2. St. Olaf..... 12:33.49
Grace Moeller
Emma Storbakken
Sophie Call
Bella Call
3. Carleton 12:34.90
Nora Daley
Hadley Twichell
Libby Rowland
Aliya Larsen

MINNESOTA INTERCOLLEGIATE ATHLETIC CONFERENCE
2024 Women's Indoor Track & Field Championships
Thursday-Saturday, Feb. 22-24 • Northfield, Minnesota

HONORABLE MENTION INDIVIDUALS

60-Meter Dash

- 4. Jireh Babalola, BU..... 7.88
- 5. Raina Kaping, BU..... 7.96
- 6. Emily Rengo, CON..... 8.01

200-Meter Dash

- 4. Diarra Chatham, MAC 26.25
- 5. Karla Kroschel, STO..... 26.40
- 6. Jireh Babalola, BU..... 26.49

400-Meter Dash

- 4. Karla Kroschel, STO..... 59.77
- 5. McKenzie Luetmer, GAC..... 1:00.04
- 6. Abbie Swenson, BU 1:00.13

600-Meter Run

- 4. Shalom Sulungaine, BU 1:38.40
- 5. Reanna Cruz, BU 1:38.81
- 6. Lara Erickson, CAR..... 1:38.85

800-Meter Run

- 4. Mary Blanchard, CAR..... 2:20.26
- 5. Isabel Wyatt, STO 2:20.69
- 6. Lara Erickson, CAR..... 2:21.19

1000-Meter Run

- 4. Sophie Call, STO..... 3:05.08
- 5. Siri Erickson, STO 3:05.23
- 6. Kalli Smith, CSB..... 3:05.93

Mile

- 4. Bella Call, STO..... 5:09.96
- 5. Sophie Call, STO..... 5:11.48
- 6. Grace Moeller, STO 5:15.43

3000-Meter Run

- 4. Hannah Preisser, CAR 10:02.72
- 5. Lauren Walda, STO..... 10:06.84
- 6. Phoebe Ward, CAR..... 10:09.26

5000-Meter Run

- 4. Phoebe Ward, CAR..... 17:23.37
- 5. Lauren Walda, STO..... 17:30.91
- 6. Sophie McManus, CAR 17:43.37

60-Meter Hurdles

- 4. Danielle Miller, GAC 9.33
- 5. Peyton Selle, CC..... 9.34
- 6. Riki Poore, STO 9.42

High Jump

- 4. Frankie Witham, HU 1.54m
- T5. Peyton Selle, CC..... 1.49m
- T5. Sarah Beth Hobby, MAC 1.49m

Pole Vault

- 4. Camille Finney, GAC J3.35m
- 5. Lili Raidt, CSB J3.35m
- T6. Alli Graff, GAC 3.00m
- T6. Melanie Roberts, STO..... 3.00m

Long Jump

- 4. Madi Kes, GAC 5.28m
- T5. Terra McMahon, HU..... 5.23m
- T5. Sarrah Lindner, GAC..... 5.19m

Triple Jump

- 4. Piper Osborne, CC 10.78m
- 5. Ainslee Parker, STO..... 10.73m
- 6. Sabriya Farquharson, CSB..... 10.62m

Shot Put

- 4. Tessa Myatt, MAC..... 12.28m
- 5. Desirae Dates, HU 12.20m
- 6. Haley Joos, CSB 11.80m

Weight Throw

- 4. Anna Speratos, BU..... 15.36m
- 5. Ella Engen, CSS 14.73m
- 6. Anna Becker, SMU..... 14.46m

Pentathlon

- 4. Justus Floren, CSB 2963
- 5. Ellie Selisker, CSB 2881
- 6. Jenna Kalevik, CC..... 2856

MINNESOTA INTERCOLLEGIATE ATHLETIC CONFERENCE
2024 Women's Indoor Track & Field Championships
Thursday-Saturday, Feb. 22-24 • Northfield, Minnesota

HONORABLE MENTION RELAYS

4x200-Meter Relay

4. Saint Benedict..... 1:46.91
Kate Gallagher
Grace Buntrock
Mirijana Ganley
Tiana Johnson
5. St. Olaf..... 1:48.22
Emma Storbakken
Riki Poore
Zoe Matre
Ququ Holman
6. Macalester 1:50.11
Penny Hunter
Elise Edison
Zoe Carver
Harmony-Keli Tomety

Distance Medley Relay

4. Macalester 12:42.59
Timna Nevo
Elise Edison
Hadley Wilkins
Ivy Coldren
5. Bethel..... 12:43.57
Anna Cargill
Morgan Dean
Ruby Gernandt
Josie Harms
6. Gustavus..... 12:58.09
Laura Sunnarborg
Isabel Fynboh
Kailyn Walukas
Sydney Hagen

4x400-Meter Relay

4. St. Olaf..... 4:06.81
Ruth Pfeiffer
Karla Kroschel
Riki Poore
Isabel Wyatt
5. Carleton 4:08.25
Lara Erickson
Hadley Twichell
Alice Cutter
Mary Blanchard
6. Gustavus..... 4:14.09
McKenzie Luetmer
Isabel Fynboh
Kailyn Walukas
Makenna Huetten